

Primary Fuel Zone Halal Menu Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Tropical Sweet & Sour Quorn with Rice	Quorn Sausages in Gravy with Potatoes	Halal Roast Chicken Yorkshire Pudding with Potatoes	Halal Lamb Spaghetti Bolognaise Garlic & Herb Bread	Halal Chicken Pie with Potatoes
Choice 2	Cheese & Tomato Pizza Herb or Plain Potato Wedges	Baked Beans on Toast	Tuna/Salmon Mayo Sandwich/Roll	Keema Burger Spiced or Plain Diced Potatoes	Fish Fingers Oven Chips or Potatoes
Vegetables	Oriental Vegetables	Baked Beans	Brussel Sprouts	Sweetcorn	Cabbage
	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
Dessert	Yoghurt	Frozen Yoghurt	Yoghurt	Frozen Yoghurt	Yoghurt
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit
Drinks	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed
	Milk	Milk	Milk	Milk	Milk
	Bottled Water	Bottled Water	Bottled Water	Bottled Water	Bottled Water



Primary Fuel Zone Halal Menu Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Macaroni Cheese Garlic & Herb Bread	Fish Fingers Oven Chips or Potatoes	Halal Chicken Curry with Rice	Halal Lamb Pie with Potatoes	Halal Chicken Fajita
Choice 2	Omelette Spiced or Plain Diced Potatoes	Halal Chicken Sandwich/Roll	Quorn Dog & Onions Herb or Plain Potato Wedges	Halal Sweet Chilli Chicken Breast in a Bun Herb or Plain Potato Wedges	Cheese & Tomato Pizza with Pasta
Vegetables	Vegetable Medley	Garden Peas	Mange Tout	Carrots	Sweetcorn
	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
Dessert	Frozen Yoghurt	Yoghurt	Frozen Yoghurt	Yoghurt	Frozen Yoghurt
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit
Drinks	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed
	Milk	Milk	Milk	Milk	Milk
	Bottled Water	Bottled Water	Bottled Water	Bottled Water	Bottled Water



Primary Fuel Zone Halal Menu Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Cheese & Tomato Quiche with Potatoes	Salmon Nibbles Herb or Plain Potato Wedges	Halal Chicken Curry with Rice	Breaded Fish with Potatoes	Halal Meatballs in Gravy with Potatoes
Choice 2	Baked Beans on Toast	Cheese Sandwich/Roll	Cheese & Tomato Pizza with Pasta	Halal Chicken Sandwich/Roll	Halal Chilli Chicken Wrap Herb or Plain Potato Wedges
Vegetables	Sweetcorn	Broccoli	Mange Tout	Beetroot	Mixed Vegetables
	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables	Fresh Vegetables
Dessert	Yoghurt	Frozen Yoghurt	Yoghurt	Frozen Yoghurt	Yoghurt
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit
Drinks	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed	Plain Semi-Skimmed
	Milk	Milk	Milk	Milk	Milk
	Bottled Water	Bottled Water	Bottled Water	Bottled Water	Bottled Water